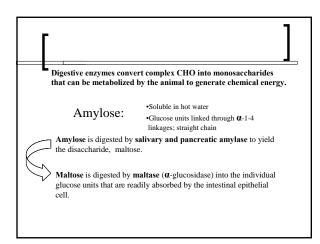
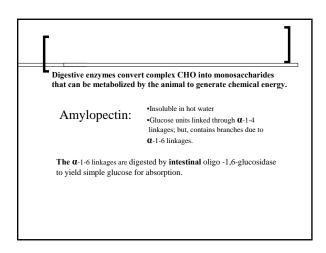


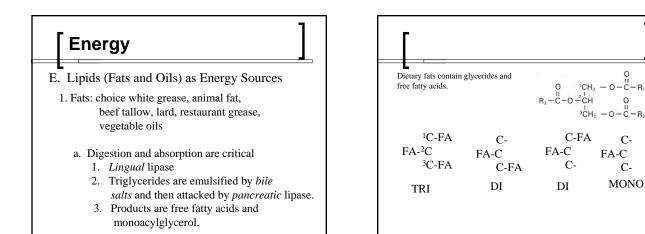
- D. Carbohydrates as Energy Sources
 1. Polysaccharides from cereal grains, and grain products such as wheat middlings
 - A. Starch: amylose (straight chain polymer) and amylopectin (branched chain polymer)
 - B. Nonstarch polysaccharides (NSP) (Fiber): cellulose, hemicellulose, lignin.
 Much of the dietary fiber is indigestible.

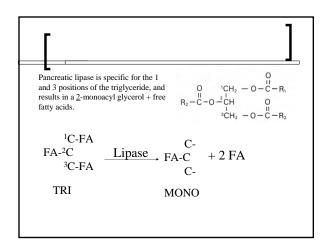
Energy

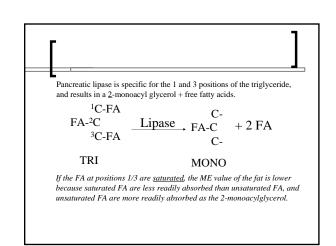
- 2. Starch Digestion
 - A. Enzyme dependent: metabolic pathways utilize monosaccharides to generate ATP
 - 1. Amylase (salivary, pancreatic)
 - 2. Oligo-1,6-glucosidase
 - 3. Disaccharidases
 - a. lactase: glucose and galactose
 - b. maltase: glucose and glucose
 - c. sucrase: glucose and fructose





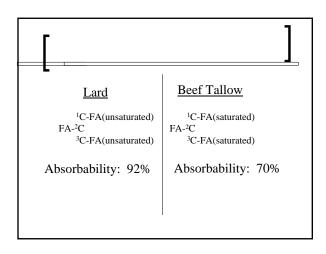


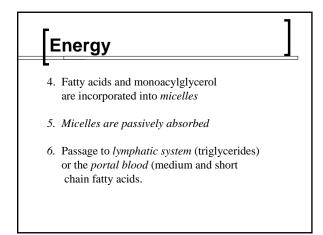


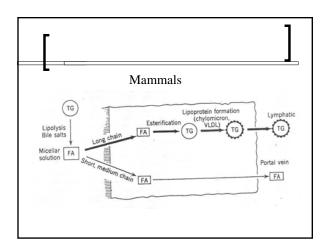


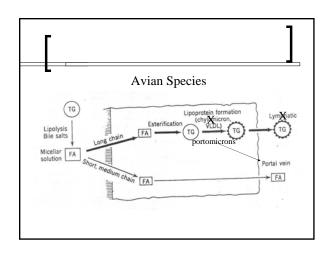
C-

C-









Energy

- b. Absorption of fats depends on:
 - 1. Chain length
 - 2. Degree of saturation
 - 3. Arrangement of saturated and unsaturated fatty acids on the glycerol molecule.

Energy

- III. Dietary fatty acid profiles influence metabolic events
 - A. Fatty acids from dietary fats/oils are incorporated into cellular lipids.
 1. Fatty acids are incorporated into cells and tissues.

Feeding linoleic acid will load tissues with linoleic acid.

Soybean oil is high in linoleic acid				
Fat Source ¹	Diet ²	Adipose Tissue ²	Skeletal Muscle ²	
Beef Tallow	11.71	9.06	10.47	
Fish Oil	14.85	9.37	7.08	
Soybean Oil	69.45	46.58	32.00	

ish oil is high in omega-3 fatty acids				
Fat Source ¹	Diet ²	Adipose Tissue ²	Skeletal Muscle	
Beef Tallow	< 0.10	< 0.10	< 0.10	
Soybean Oil	< 0.10	< 0.10	< 0.10	
Fish Oil	6.90	3.46	4.55	

